

REGIONAL OBSTETRICS & GYNECOLOGY
SUGGESTED MEDICATIONS IN PREGNANCY

Gas/Indigestion

Maalox, Mylanta/Mylanta Gas, Tums, Roloids, Riopan, Pepcid-AC, Pepcid Complete, Gaviscon, Zantac 75, Tagamet HB

Headache/Backache

Tylenol, Extra Strength Tylenol

Constipation

Benefiber, Fibercon, Citracil, Pericolace, Milk of Magnesia, Dulcolax Suppositories

Stool Softener

Colace, Surfak

Hemorrhoids

Anusol-HC (cream), Tucks, Preparation-H

Diarrhea

Immodium-AD

Colds/ Sinus Congestion/ Cough

Sudafed/Actified, Dimetapp, Robitussin DM, Triaminic, Tylenol Cold/Sinus

Please note the suggested recommendation is to avoid medication during the first trimester of pregnancy if at all possible. If it becomes necessary to take medication, the above have been found to be without any known harmful effects on the developing baby.